

POWER ENCOUNTER inspired by the artist Linda Stein and her artworks

ACTIVITY: SELF AS (SUPER)HERO

BRAINSTORM and DISCUSS: What do we do every day that could be considered heroic?

Suggestions of everyday resistance and agency may include:

- Standing up for democracy in education/imparting knowledge
- Standing up for the arts in a school where arts are marginalized or seen as less than
- Standing up for creative youth/ "weirdness"
- Self-care/ surviving \ with dignity
- Self as witness

SKETCH or IMPROV: In pairs or groups, (re)create a situation that depicts you as an everyday hero. You can decide to sketch out the situation using paper and pencil or act out the situation using improvisation.

DESIGN and CREATE: Using a variety of materials (paper, pencils, pen & ink, markers, glue stick, scissors), design a comic strip or zine (mini-magazine) that tells a story of "Self as Superhero"

PRESENT and SHARE: What is your story about? What did you include? How did you portray yourself as an everyday hero?

WRITE and REFLECT: On long strips of paper, using markers, write and complete the following sentences and then discuss:

- "I am an Upstander for _____."
- "I am an Upstander when _____."

STRIKE A POSE: Hold statements up and photograph your portrait with them, individually or in a group shot. Consider pose and facial expression. Use props, if available.

SPREAD THE WORD: Share photographs on social media or print them out and put them on display.